

## Year 7 PE Programme 2016-17

	<b>7PE2 NJF</b>	<b>7PE1 OB</b>	<b>7PE3 PD</b>
W/C 5 <sup>th</sup> Sep	Fitness Tests	Fitness Tests	Fitness Tests
W/C 12 <sup>th</sup> Sep			
W/C 19 <sup>th</sup> Sep	Netball	Football	rugby
W/C 26 <sup>th</sup> Sep			
W/C 3 <sup>rd</sup> Oct			
W/C 10 <sup>th</sup> Oct			
W/C 17 <sup>th</sup> Oct			
W/C 31 <sup>st</sup> Oct	s/hall athletics plus co-ordination	s/hall athletics plus co-ordination	s/hall athletics plus co-ordination
W/C 7 <sup>th</sup> Nov	rugby	rugby	football
W/C 14 <sup>th</sup> Nov			
W/C 21 <sup>st</sup> Nov			
W/C 28 <sup>th</sup> Nov			
W/C 5 <sup>th</sup> Dec	1 x Rugby/1 x Football	1 x rugby/ 1 x Rugby	1 x Football/1 x netball
W/C 12 <sup>th</sup> Dec	football	netball	netball
W/C 19 <sup>th</sup> Dec			
W/C 9 <sup>th</sup> Jan	Fitness tests	Fitness tests	Fitness tests
W/C 16 <sup>th</sup> Jan	Dance	Trampolining	Gym
W/C 23 <sup>rd</sup> Jan			
W/C 30 <sup>th</sup> Jan			
W/C 6 <sup>th</sup> Feb	Gymnastics with PD	Dance with NF	Trampolining with OB
W/C 13 <sup>th</sup> Feb			
W/C 27 <sup>th</sup> Feb			
W/C 6 <sup>th</sup> March	Trampolining with OB	Gym with PD	Dance with NF
W/C 13 <sup>th</sup> March			
W/C 20 <sup>th</sup> March			
W/C 27 <sup>th</sup> March	INTERHOUSE ACTIVITIES	INTERHOUSE ACTIVITIES	INTERHOUSE ACTIVITIES
W/C 17 <sup>th</sup> April	Opt 1 – Basketball (Gym)	Opt 2 – Volleyball (shall)	Opt 3 – Badminton (s' hall)
W/C 24 <sup>th</sup> April			
W/C 1 <sup>st</sup> May	Field games	Field games	Field games
W/C 8 <sup>th</sup> May			
w/c 15 <sup>th</sup> May			
w/c 22 <sup>nd</sup> May			
w/c 5 <sup>th</sup> June	Fitness tests	Fitness tests	Fitness tests
w/c 12 <sup>th</sup> June	Athletics	Athletics	Athletics
w/c 19 <sup>th</sup> June			
w/c 26 <sup>th</sup> June			
w/c 3 <sup>rd</sup> July	Opt 1 – Basketball	Opt 2 – Volleyball	Opt 3 - badminton
w/c 10 <sup>th</sup> July			
w/c 17 <sup>th</sup> July			